

SONGS

- A Kiss is Not a Contract
- <https://www.youtube.com/watch?v=9iSlPoQm2XY>
- Let's talk about sex
- <https://www.youtube.com/watch?v=ydrtF45-y-g>
- I want your sex
- <https://www.youtube.com/watch?v=jGJliLJTMcI>
- Consent video
- http://www.youtube.com/watch?v=vTx1B_RFrB0





NEVER STAY SILENT

Building a Safer UC Community

INTRODUCTIONS

- Who are we?
- What are we going to be talking about?
- Ground rules
- Goal
 - Educate and set expectations so that all UC community members can feel safe and enjoy their time here!



BEFORE WE BEGIN

This presentation is meant to generate thought and promote discussion. We recognize that this topic may be sensitive material. Some of you may have had personal experience with this issue.

Through the course of this discussion, dialogue may occur that causes an emotional reaction. If you need to leave, let someone know. There are counselors available to follow-up with you.

Also, please be respectful that someone in the room may have a reaction to what is being said.



WHAT YOU NEED TO KNOW



WHAT IS TITLE IX, AND WHY DOES IT MATTER?

- Title IX – educational legislation intended to provide equal access regardless of gender. Extends to all regardless of gender, gender identity, sexual orientation, or other characteristics.
- Sexual harassment, sexual misconduct and other forms of gender-based discriminatory behavior not tolerated and must be addressed
- Differentiates between confidentiality and privacy expectations in terms of resources



SEXUAL HARASSMENT, GENDER BASED HARASSMENT, AND SEXUAL MISCONDUCT

Policy:

- Utica College is committed to providing a learning and working environment in which all interpersonal relationships are based upon respect and dignity.
- Utica College will not tolerate sexual or gender-based discrimination or harassment in any form, which includes sexual harassment, sexual violence, domestic or dating violence, or stalking that impacts or has the potential to impact the educational or employment environment of any member of the College community



GENDER BASED HARASSMENT – DATING VIOLENCE

- Intimate partner violence (“Dating Violence”) is “physical, sexual, or psychological harm by a current or former **partner** or spouse.”
- Nearly half (43%) of dating college women report experiencing violent and abusive dating behaviors.
- 57% of college students say it is difficult to identify and 58% say they don’t know how to help someone who’s experiencing it.
- One in three (36%) dating college students has given a dating partner their computer, email or social network passwords and these students are more likely to experience digital dating abuse.
- One in 10 men has experienced rape, physical violence, and/or stalking by an intimate partner



UNHEALTHY BEHAVIORS (“RED FLAGS”) IN RELATIONSHIPS

- Checking cell phones, emails or social networks without permission
- Extreme jealousy or insecurity
- Constant belittling or put-downs
- Explosive temper
- Isolation from family and friends
- Making false accusations
- Using the silent treatment
- Refusing to communicate (ignoring phone calls, hanging up on your partner)
- Erratic mood swings
- Physically inflicting pain or hurt in any way
- Possessiveness
- Using jealousy to justify actions
- Telling someone what to do
- Repeatedly pressuring someone to have sex

“You can’t break up with me. I’ll hurt myself if you do.”

“She doesn’t let me hang out with my friends. She says that she should be enough.”

“She was embarrassing me in front of my friends, so I had to keep her in line.”

“He said if I really loved him, I would have sex with him. I didn’t want to but I felt like I had to...”

STALKING

While legal definitions of stalking vary from one jurisdiction to another, a good working definition of stalking is *a knowingly unwanted course of conduct directed at a specific person that would cause a reasonable person to feel fear or emotional distress.*

Stalking is serious and can escalate over time.



WHAT DOES STALKING LOOK AND SOUND LIKE?

Some things stalkers do:

- Follow you and show up wherever you are.
- Send unwanted gifts, letters, cards, or e-mails.
- Damage your home, car, or other property.
- Monitor your phone calls, social media, or computer use.
- Drive by or hang out at your home, school, or work.
- Threaten to hurt you, your family, friends, or pets.
- Posting information or spreading rumors about you on the Internet, in a public place, or by word of mouth.
- Other actions that control, track, or frighten you.

“He won’t respond to my messages. I know he wants to be with me. I know where to find him.”

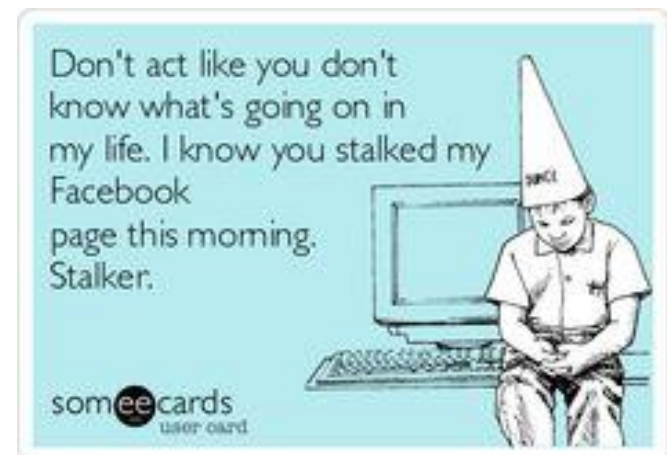
“We broke up 6 months ago. Why can’t she just leave me alone?”



WHAT IT IS...AND WHAT IT ISN'T



“Fear, violence, anxiety, torment and the unwelcome and unwarranted disruption of life.”



WHAT DO YOU THINK?



**Thoughts about Consent and
Sexual Decision Making**



IF SOMEBODY DOESN'T FIGHT BACK OR STAYS SILENT, THAT CAN BE TAKEN AS AGREEING TO A SEXUAL ACTIVITY.

- A. True
- B. False



IF SOMEONE CONSENTED TO HAVING SEX
ONCE, IT MEANS THEY HAVE CONSENTED TO
HAVING SEX WITH THAT SAME PERSON ANY
TIME IN THE FUTURE.

- A. True
- B. False



CONSENT

- <https://www.youtube.com/watch?t=345&v=TD2EooMhqRI>



CONSENT IS...

- A voluntary, sober, imaginative, enthusiastic, creative, wanted, informed, mutual, honest, and verbal agreement
- An active agreement: Consent cannot be coerced
- A process, which must be checked every step of the way; if you want to move to the next level of sexual intimacy, just ask
- Never implied and cannot be assumed, even in the context of a relationship. Just because you are in a relationship does not mean that you have permission to have sex with your partner
- See the handout on UC's definition of consent for specific examples.



Sex, or sexual
contact, without

CONSENT

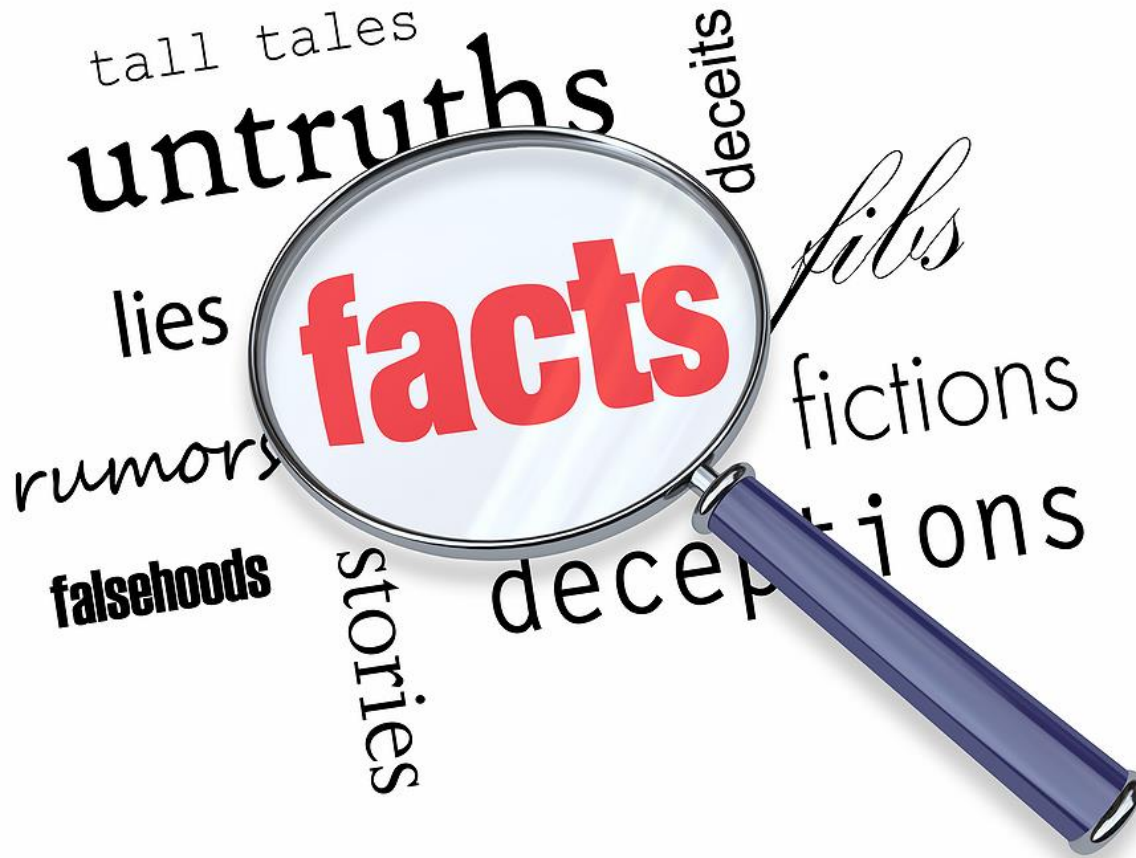
is considered
sexual assault.



SEXUAL MISCONDUCT DEFINITIONS @ UC

- ***Non-Consensual Sexual Contact*** - any intentional sexual touching, however slight, without effective consent
- ***Non-Consensual Sexual Intercourse*** is any sexual penetration, however slight, without effective consent.
- ***Sexual Exploitation*** is taking non-consensual or abusive sexual advantage of another person





The Facts about Sexual Assault



WHAT PERCENT OF SEXUAL ASSAULTS ARE COMMITTED BY SOMEONE THE VICTIM KNOWS?

- A. 35%
- B. 62%
- C. Over 90%



- More than 90% of sexual assaults are committed by people the victim knew.



WHAT PERCENT OF THE PHYSICAL AND SEXUAL ASSAULTS THAT OCCUR ON COLLEGE CAMPUSES INVOLVE THE ABUSE OF ALCOHOL?

- A. 25%
- B. 50%
- C. 75%
- D. 90%



FACT:

- Up to 75% of the physical and sexual assaults that occur on college campuses involve the abuse of alcohol by assailants, victims, or both.



DID YOU KNOW?

If someone is incapacitated due to alcohol or other drugs (meaning they are not able to understand the decision they are making), even if the individual says yes, it is considered sexual assault.



WHAT DO YOU DO WHEN....



**HAVE YOU EVER WITNESSED A SITUATION
WHERE YOU THOUGHT SOMETHING WAS
GOING VERY WRONG?**

IF YES, DID YOU INTERVENE?

**IF NO, THINK ABOUT WHAT YOU WOULD
DO IN THAT SITUATION.**



**IF YOU DID NOT (OR WOULD NOT)
INTERVENE, WHAT WAS THE MAIN REASON
YOU CHOSE (CHOOSE) NOT TO?**

- A. I was not positive what was going on
- B. I didn't think it was any of my business
- C. I was afraid for my own safety if I intervened
- D. No one else seemed concerned
- E. I didn't know what to do



HOW WOULD UC STUDENTS REACT?

- Willing to take action in a situation in which someone was taking advantage of someone sexually
 - Perception of others? (51%)
 - Self-reported willingness (81%)
- Feel comfortable intervening if they saw abusive behavior
 - Perception of others? (51%)
 - Self-reported comfort? (71%)



THE UC COMMUNITY

- Being a community member means taking responsibility for both yourself and for others in need
- Keeping a community safe means following the code of conduct and stepping up when possible/safe to do so
- Situations do occur-educating members to know where to go when help is needed



IN A DIFFICULT SITUATION? HERE'S HOW YOU CAN HELP

Things you can do as a UC community member:

1. **Investigate it further**-watch the situation and see if there are any other warning signs that make you uncomfortable
2. **Talk to the person who is the target of the behavior** - engage the person and see if they are okay with the situation
3. **Talk with the person engaging in the behavior** – distract them, let them know you're concerned, etc.
3. **Get the person away from the situation** – interrupt, distract or remove them
4. **Involve others in the situation**-ask a friend to help you
5. **Talk to a professional for follow-up advice**



WHAT CAN ONE STUDENT DO TO MAKE A DIFFERENCE?

- <https://www.youtube.com/watch?v=FgIZoLW7gcc>
- Educate yourself → **Complete Haven!**
- Make responsible decisions regarding alcohol and other drug use
 - First Year seminar presentations
- Know your comfort level/boundaries and learn how to communicate those with others
 - Need help? Speak with a counselor!
- Plan ahead if going out
 - Use the sober buddy system
 - Know where you are going, who you are going with, etc.
- Reach out to faculty/staff for help (RA, Area Coordinator, Professor, Coach, etc.)



WHAT WE DO TO MAKE A DIFFERENCE

- Provide education and programming for prevention
- Advocate for students
- Create safe places on campus for students to go
 - Campus Safety
 - Student Wellness Center
 - Counseling Services
 - Student Health Center
 - Office of Student Affairs
 - Professional faculty and staff members



YOUR RESOURCES

- Confidential resources
 - The Counseling Center
 - Student Health Center
 - Newman Center Chaplain – Father Paul
- Additional resources – private but required reporters
 - Campus Safety
 - Office of Student Affairs
 - Office of Student Success
 - Residence Life professional staff and RA's
 - Faculty/staff
- Title IX Coordinator/Deputy Coordinators
 - Lisa Green – Human Resources
 - Alane Varga – Student Affairs
 - Dave Fontaine – Athletics
- Off Campus Resources



FUTURE PROGRAMMING

- Have Haven completed by August 29th!



- **Loving Right:** Tuesday, September 20th



- **RAINN Day:** Wednesday, September 28th

- **The Bystander:** Tuesday, October 4th

- Workshop
- One man play



- Follow-up discussions in First Year Seminar



INFORMATION TO TAKE WITH YOU

- Utica College's Policy on Sexual Harassment, Gender Based Harassment, and Sexual Misconduct
- Key definitions from our policy
- Local Resources –
Who to Call and Where to Go
- Tips on staying safe



HAVE A GREAT, SAFE,
FUN AND HEALTHY
DAY, WEEKEND, AND SEMESTER!!

